



Dec. 2013 NEXT CLUB EVENTS

24-26 Jan	Newtonmore – Tony Morley
28 th Feb- 2 nd March	Corran Bunkhouse, Onich – Tony Morley
14-16 March	Little Cottages, Roy Bridge – Tony Morley
	Winter meets will be £25 per person if paid before the cut-off date & £27 after.
26 th Dec	Blencathra – Tony Morley

OTHER EVENTS

Tues. nights	70p discount at Eden Rock (with CMC card)
Thurs. nights	Penrith climbing wall 6.30pm
NOTE	See page 4 for meets contact info.

Chairman's notes chair@carlislemc.co.uk

A big thanks to everyone who turned out for the AGM, attendance was not far short of last year's excellent turnout.

The new club rules were approved and David Ward is leading us through the legal processes to make it all official. We are very grateful to David for all his help with this.

Membership fees are to stay the same for yet another year!

The Club Hut is a work in progress but we should be able to get the major alterations underway early next year.

Clive proposed that fees should be increased from £7 per night to £8 – all were in favour.

The dinner was almost fully booked and a good night was had by all, especially those in penguin suits who carried on the partying until the early hours (two even managed the Presidents meet the next morning!).

Weekend meets were discussed and a reminder of the booking rules is to be sent out as well as a cut-off date for bookings, at which time a decision is to be made as to whether to cancel the meet if it is not viable. A discount is to be offered to members who book & pay before this date.

Post v email – The cost of sending out information by post has increased dramatically & members are encouraged to receive their newsletters & membership info by email whenever possible. Please choose this option on the membership form if you can or let a member of the committee know.

Club Hut Meet!!!

Radical I know but a proposal has been made by Dave Ferguson to have a club meet at the club hut, possibly in June. The plan would be to clean up a section of the local crags & then do some climbing. If anyone

would be interested in this, please let a member of the committee know.

Newsletter articles

Articles have been slow in coming in recently, so let us all share in what you have been up to, well only the climbing bits please! Put pen to paper or better still finger tips to keyboard and send them to newsletter@carlislemc.co.uk

Thank you to those who have sent them in.

Weekend Meets

Booking rules - Due to the significant losses on meets (£997 in 2011-12 & £552 in 2012-13) we are reminding members about the booking procedure for weekend meets. You are only considered to have booked on a meet when you have paid the full cost.

For weekend meets there will be a cut-off date at which time the meets secretary will make a decision as to whether or not the meet is viable. If it is not considered viable, the meet will be cancelled (monies received from members will be refunded). It is therefore up to you; if you want to have weekend meets, then book (**and pay**) early. We are offering a subsidy of £2 per member for anyone who pays prior to the cut-off date. Hopefully this will ensure that more meets are fully attended rather than people waiting until the last minute before deciding to book if the conditions are right.

Winter meets

Bookings are now being taken for all 3 winter meets and as noted above we are trying to make sure they are all fully attended.

Send your cheque to Tony Morley 07759 611194 or let him know you are going and pay online. Contact any of the committee for the bank details.

January 24th – 26th (Cut-off date 31st Dec.)

Newtonmore – Staying in the Strathspey Mountain Hostel in Newtonmore which sleeps 18 in 2 rooms

twith 6 beds & 2 rooms with 3 beds. Handy for Cairngorm or Creag Meagaidh.

February 28th – March 2nd

Staying at Corran Bunkhouse, Onich, nr Fort William. We have booked the upper floor which has 13 places so get in early to reserve yours. Short journeys to Glencoe or the Ben are possible from here.

March 14th – 16th

Roy Bridge – Staying at the Little Cottages which is within walking distance of the pub and a short drive from the Ben or Creag Meagaidh. We have two Cottages booked giving us 16 places.

CLIMBING....What else could it be?

By Sue Greenwood

You have probably all seen the face book views of Dan, Harmony, Phil and me in sunny Spain, early November. A fantastic time to go as the temperature was just right.

Based at Benidorm, very economically but comfortably as usual, we now know the quickest ways to the lovely crags, not far away: mostly the same haunts as before but even better this time, repeating a few routes but always finding new ones too at Toix, Echo Valley, Mascarat, Sax and Marin. Best of all was to repeat Via Valencianos on the Penon, Calpe on a perfect day. This was my 1st multi pitch 13 years ago and it has acquired a bit of challenging polish on the hardest 5+ pitch since then. It still feels like being a sea gull perched on a ledge so high above the “matchbox” sized boats far below when you reach the final ridge. Wonderful!

This is a very easy trip to organise even if you haven't been before.

The AGM was very harmonious according to reports and agreement was unanimous concerning Hut arrangements. A big thank you to Mike, Dorine and David Ward and others who have spent a lot of time this last year in getting everything organised.

The Annual Dinner at the AGI in Penrith was most enjoyable if the noise was anything to go by. I just got there for my Christmas pudding at 10pm as I had to play in the Carlisle Orchestra concert first but I was still in time for a lot of chat and laughter especially from the chaps in their DJs. This started as a joke but ended in some very smart A team lads who then proceeded to the Warehouse with Rachel to impress the locals!

December 1st: the supporting team decided on Warton, near Milnthorpe for the President's /Hangover Meet. No-one seemed keen to leave too early but we finally left Newbiggin at 10.20am and drove into sunny

Lancashire. Dave Ferguson guided us round the top edge of the quarry to the splendid, unpolished upper crag which was more interesting than the Upper Warton crag as the routes were longer, bolted and quite thought provoking with a lack of obvious foot or hand holds. The leaders demonstrated much skilful, dainty foot work as all the climbs were 5,5+ etc, maybe helped by a certain amount of alcohol from the previous night. The rock was warm and we were in a lot of sunshine in a beautiful spot overlooking Morecambe Bay. An unbelievable winter day! I think a rival group tested out their dry tooling skills somewhere. Not liking to peak too early, we are saving this delight for later.

Perhaps we can get another spectacular pre-Christmas Meet on December 15th. Could be thick snow by then!

Sue Greenwood (Still honorary President!)

Kalymnos October 2013 – Rae McNab

A return visit to Kalymnos for me – it must be the 5th or 6th visit and I wondered if I would still enjoy it so much. I needn't have worried, the view on the drive to Armeos as you round the corner and look down the hill towards Masouri and over to Telendos was enough to convince me. The sun was shining and the forecast for the week ahead was good, this made for a happy team. I was the only one from CMC but Roger, Ali and John may be known to some of you.

Due to late flight arrivals we stayed the first night on Kos but after the ferry/taxi journey and settling into our accommodation we still managed to get to a crag on our first day. I must admit Kastelli isn't my favourite venue but I couldn't persuade the boys to go to Illiada. Oh well Kastelli is easier to get to. The visit served as a good reminder to me, that I am much lighter than the men. Ali was climbing well within his grade, but that didn't stop his foot unexpectedly slipping and sending him on a rapid downward trip. It resulted in me being dragged off my feet and slammed into the rock, I held on tightly to the rope, but with no helmet on it could have been much worse than the nasty purple bruise on my hip. Helmets were worn for the remainder of the trip.

Our first week was almost too hot so we were unfortunately forced into an early finish on some days with maybe a lunch and beer stop or even a beach – it was really tough! However we did find the occasional corners sheltered from the sun. One such secret was at Francois Guillot where I had never been before. Tucked into what looked like an intimidating recess

were two really good routes graded 5c, still in the shade and well worth climbing. It was a long walk up but the climbs were good and I had an ulterior motive in suggesting the journey to Emborios – lunch at Harry’s Paradise café, it didn’t disappoint. For those who don’t know, Harry has long since departed this world but his wife and daughter remain to serve the most delicious home cooked food, a cut above most of the other restaurants, and to cap it all it is in a delightful garden under the shelter of Olive trees. And so to some more climbing - a visit early in the first week to Illiada found us climbing “Beautiful Helen” which I had lead before and knew to be a good test of stamina. I was pretty pleased with myself to lead it again without too much difficulty, only to be deflated by finding in the new guide it has now been downgraded from 6b to 6a+, never mind it is still worth doing and I would happily climb it again.

I thought we would end up repeating lots of routes having been there numerous times before. Although favourites at Archi, Sea Breeze, Grey Wall and others were visited again we also found new routes and new crags. During the first week we sailed to Telendos to visit Lambda, a newly developed crag with many routes around 5b to 6b. The climbs are very good, although some are up to 40 metres so a long rope is required. Also beware of falling rock, a football sized block fell from the top of the crag narrowly missing the many people at the bottom, it was later followed by more, smaller pieces. The other problem to be wary of at Lambda is the hornet’s nest on the path around the centre of the crag. Being in a remote location with somebody seriously allergic to hornet stings made me somewhat nervous, but when I spotted the nest Ali was pretty quickly at the other end of the crag – I on the other hand tried to dodge them on their way back to the nest with a shuffle Mohamed Ali would have been proud of – I wasn’t successful the hornet won and stung me on my arm. Believe me hornet stings hurt.

Despite the sting I bravely carried on (with no sympathy what so ever) and went to one of my favourite crags at Dolphin Bay. The rock is different here, more like quartz in places and not so sharp, with big round jugs that you can really get your hands around, so although it is steep there are loads of good holds to choose from. The overhanging start to “Too Fat for Tufas” and “Roufos” both 6a always has me laughing, it just looks so impossible but with big holds and feet up high it all falls into place.

The end of the first week brought some rain and cooler weather which gave us the chance to hire a car and see a little more of the island. A trip to the



Roufos

monastery of Aghios Savvas near Pothia is well worth the effort with views over the bay below. The day progressed to another good seafood lunch at Vathay before deciding the rain had gone and we could at last get to a crag at Palionisos. This is a bit out of the way and we would never have made it without

transport, but it was worth the journey giving one of the best unexpected routes of the holiday – I think it



Now for Something Completely Different

was “British Pubbull” at 5c+ but can’t swear to it (I must keep a diary). The rain cleared for the remainder of the holiday and brought slightly cooler weather although still pretty hot when the sun came around. We found some more routes I’d never climbed

before at Stankhill and Katherina. There were some interesting awkward positions on “Now for Something Completely Different” at 5c it was well bolted just where needed but the demand for gymnastic positions had all of us laughing. “Avri” the route next to it was different again, 6b with more polish and steeper but giving a very photogenic lower off with Arghinonda bay in the background.

After more good meals, many ice creams and coffees, we came to the last day and went to another crag that for some unknown reason I’d never visited before.

This was North Cape, facing south it may not always be the best choice, but for the last day with a desire to feel some warm sun on the body before heading home

to a cold UK, it provided enough good routes around 6a to send us home happy.

After so many visits to Kalymnos will I be back again? Well I still have “Wings for life” on Telendos as a good reason to return.

Meets contacts for winter meets

Removed for web copy

New climbing wall in Keswick

A new wall which will include an ice climbing facility is to be built in Keswick. It will be constructed & run by King Kong Climbing Walls of Thelkeld on the Planet Fear site.

It is hoped that it will be ready for February 2014.

They claim it will be the largest indoor climbing wall in the Lake District.

BMC Membership – what you need to know.

Remember that if you are a member of more than one BMC affiliated club you are entitled to reclaim the fees paid to the BMC for each additional club.

Also you can upgrade your club membership to full membership for £15.20 a cheaper option for those who require full BMC membership than the regular price of £29.95.

CMC Club members are covered by the BMC third party insurance (remember to renew your club membership by the end of Feb to ensure continuous insurance cover) however full membership offers the additional benefits of getting all four issues of Summit magazine and personal accident insurance.

Club membership enables you to access the BMC travel insurance scheme.

Outdoor bodies in Scotland have advised walkers and climbers to notify the police if faced with threats or intimidation by landowners.



People have a right of responsible access to most land in Scotland

BMC sister body the [Mountaineering Council of Scotland \(MCofS\)](#) and Ramblers Scotland have joined forces to recommend the course of action.

Andrea Partridge, Access Officer for the MCofS, said: “If anyone feels they have been intimidated or threatened while exercising their statutory rights of access, they should report the incident immediately to the police by calling 101.

“They should make a note of the time and location of the incident, individual’s names if appropriate, and vehicle registration numbers.”

The MCofS urged walkers and climbers to remain calm if faced with aggressive land managers.

Under the Land Reform (Scotland) Act 2003, people have a right of access to most land and inland water in Scotland, so long as they act responsibly as detailed in the Scottish Outdoor Access Code.

Landowners should respect these access rights when managing their land or water and act reasonably when asking people to avoid land management operations. They are also expected to cooperate with their local authority and other bodies to help integrate access and land management.

Andrea added: “By far the majority of landowners in Scotland welcome access on their land and respect the rights and responsibilities enshrined in the law. However, unfortunately, there are a few who are not so welcoming hence the advice to report incidents to the police.”

Her comments were backed by Helen Todd, Campaigns and Policy Manager for Ramblers Scotland, who said: “Our rights of public access are world-renowned.

“Many walkers feel passionate about protecting their right to roam but they should nevertheless remain calm if faced with an aggressive land manager who is trying to prevent them walking on their land.

“Walkers can choose to continue on their route or take account of any reasonable advice on an alternative, but they should report any intimidation to the police in the first instance, and also to the Ramblers or MCofS.”

Not all access problems require police involvement. Normal access problems should be reported to the Local Access Officer, who will be contactable through the relevant local authority or national park authority.